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The 3 Best Anti-Aging Products of 2009

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The 3 Best Anti-Aging Products of 2009

1. DPL LED Anti-Aging Skin Therapy System

In over 40 years of independent research, intense red and infrared light therapy (DPL light therapy) has shown powerful therapeutic benefits to living tissues. The cosmetic use of light therapy has grown dramatically over the past years as aestheticians and physicians discovered the healing effects of light on the skin. Visible red (154 880nm Infrared LEDs & 20 660nm Red LEDs) light shows at least 24 different positive changes at a cellular level. LED Light Therapy restores the natural collagen activity of the skin. The main property of the infrared waves is that they circumnavigate the epidermis and are then absorbed throughout the dermis, causing dermal heating. This, combined with infrared waves has both instantaneous and long-term effects. The immediate effect is thermal-induced collagen contraction, which may cause mild and possibly short-term skin tightening and wrinkle reduction. More importantly, the long lasting effect is skin rejuvenation, which takes place for up to six month after the initial heating. This may lead to a longer-term improvement in wrinkles and some skin tightening. On average, wrinkle improvements are moderate: small and medium wrinkles and acne scars (especially pitted ones) often noticeably improve. Deep wrinkles, especially those due to long term facial movements, are less likely to get much better. It improves skin tone, decreases pore size and reduces redness among many other benefits. LED light therapy is FDA approved. It is a safe and effective alternative to some of the more invasive therapies currently available.

2. Nuface microcurrent toner

The newest innovation in advanced skin care is Nuface microcurrent toner. This is a non-invasive facial toning device that provides skin rejuvenation in the comfort of your own home. Following the natural contours of your face, Nuface delivers gently micro current impulses to strategic locations diminishing minor lines and wrinkles, restoring facial muscles and tone to a more youthful balance. The Nuface micro current toner uses low-level microcurrent to work with your muscle tone and

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deliver micro-contractions resulting in an “instant” face lift. In as little as five minutes a day, you can achieve a healthier, more youthful appearance. Nuface is recommended by dermatologists, estheticians and cosmetic surgeons.

3. [Baby Quasar Red & Blue Anti-Acne & Anti-Aging Light Therapy](#)

This two light therapy device is clinically proven to be effective. The Baby Quasar Red light stimulates the production of melanin, making your skin smoother and eliminating fine lines and wrinkles. The Baby Quasar Blue light fights acne, irregular pigmentation, and aging skin. This dual light therapy system works better than conventional treatments, is more cost effective, and has NO side effects. Easily treat and concentrate on the areas you are most concerned with. It utilizes the properties of light to heal and prevent acne from coming back.

light therapy, acne light therapy, led therapy, dpl therapy, infrared light therapy, light therapy products, skin care light therapy

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